

Pharmacokinetics I

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Original Slides for Dr. Heba Ahmed Hassan

Pharmacology

The science that deals with drugs.

Drugs

Substances used to prevent and treat diseases.

Drugs

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graph TD; A[Drugs] --> B[Pharmacokinetics]; A --> C[Pharmacodynamics]; B --> D([what the body does to the drug?]); C --> E([what the drug does in the body?])
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Pharmacokinetics

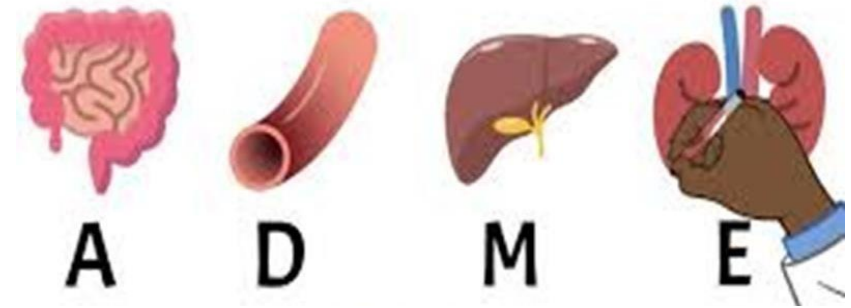
**what the
body does to
the drug?**

Pharmacodynamics

**what the
drug does in
the body?**

Pharmacokinetics

Pharmacokinetics



What the body does to the drug?

- **Absorption**
 - The 'entrance' of the drug from the site of administration to allow it to get (either directly or indirectly) to the plasma
- **Distribution**
 - Being in blood (plasma) after absorption
- **Metabolism**
 - whether in the liver or other tissues, plays a crucial role in determining the drug's effectiveness and duration.
- **Excretion (Whatever the type)**

Absorption

- Passage of **drug** from site of **administration** to **systemic circulation**.

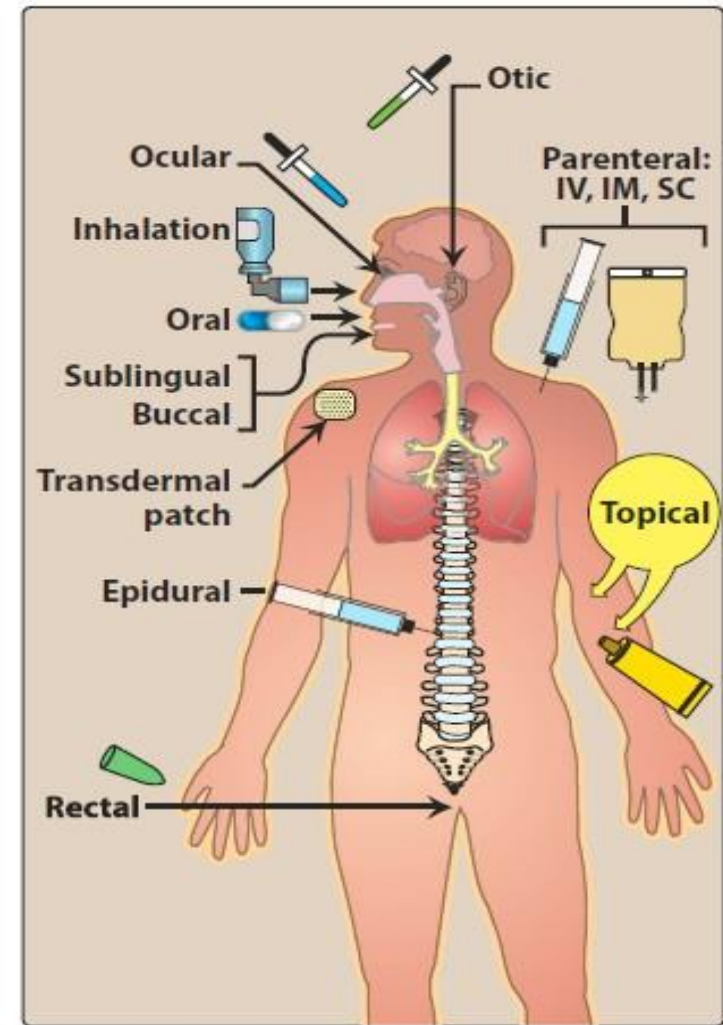


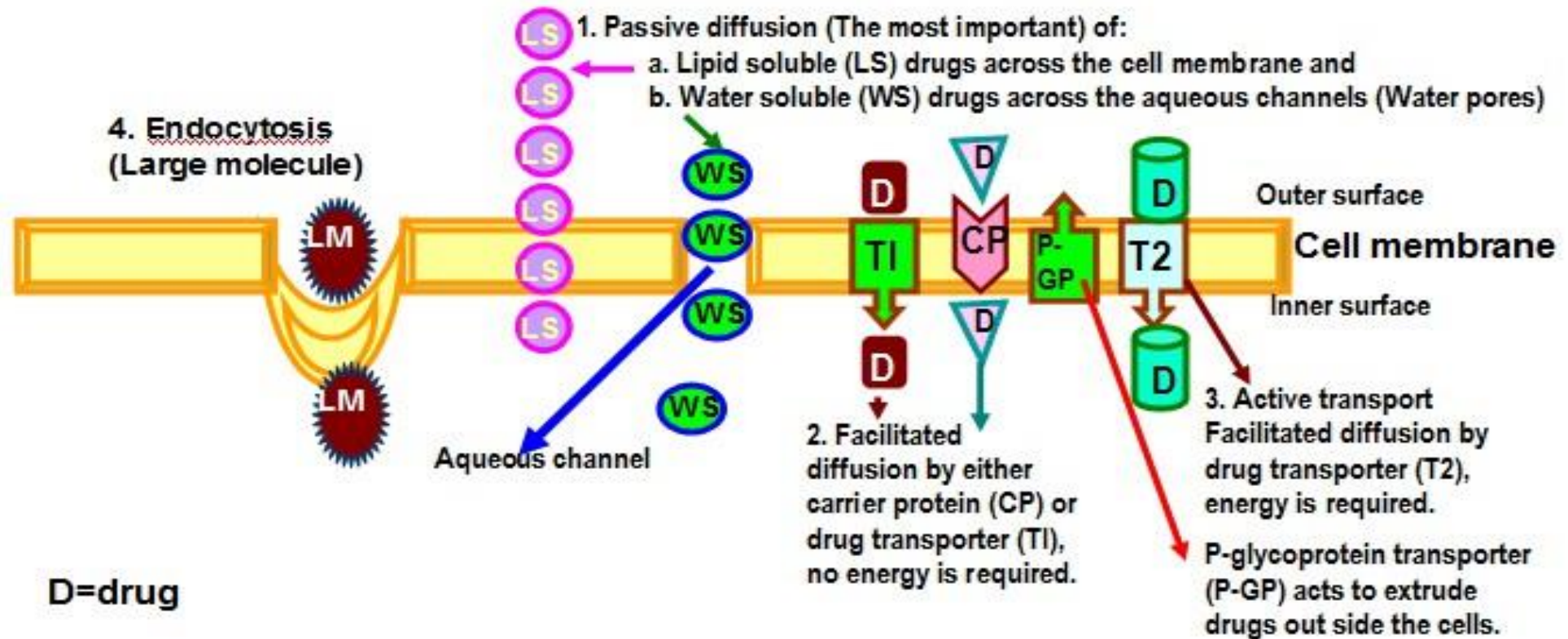
Figure 1.2

Commonly used routes of drug administration. IV = intravenous; IM = intramuscular; SC = subcutaneous.

Mechanisms of drug absorption

(how drugs cross biological membranes)

Mechanisms of drug movement across the biological membranes

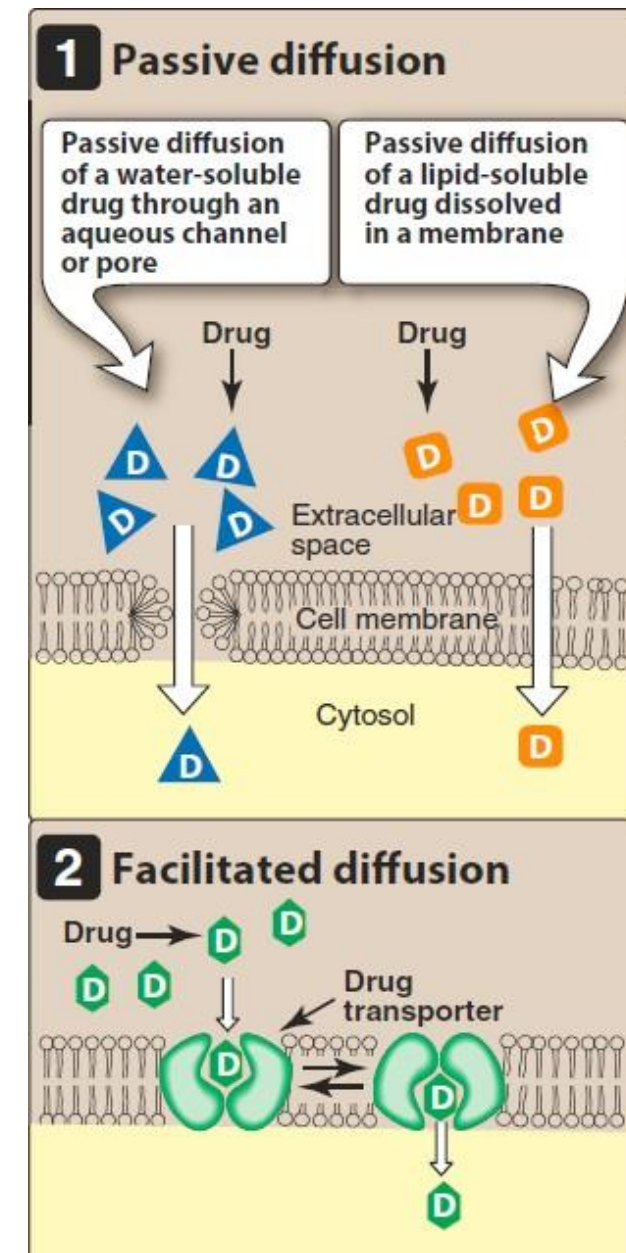


1. Passive diffusion:

- Rapid movement of lipid-soluble drugs across the **cell membrane**
- Movement of the water-soluble drugs across the aqueous channels (water pores).
- **No energy** needed and with concentration gradient.
- **No carrier needed**
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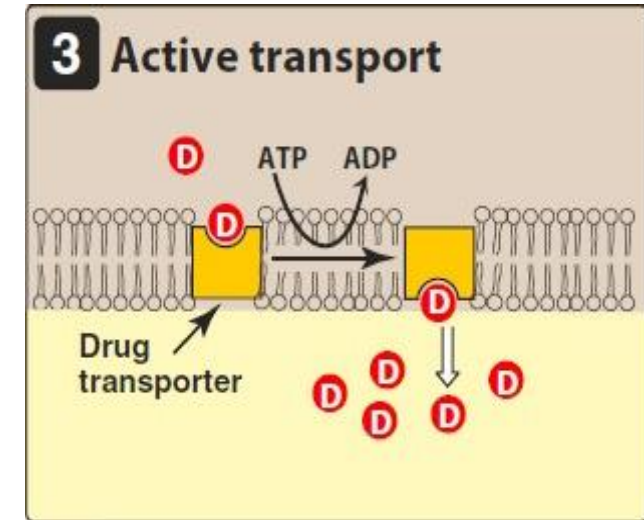
2. Facilitated diffusion

- The drugs are carried into inside the cell by **carrier** or **transporter**.
- **No** energy is required and according to the concentration gradient
- **Large molecule**



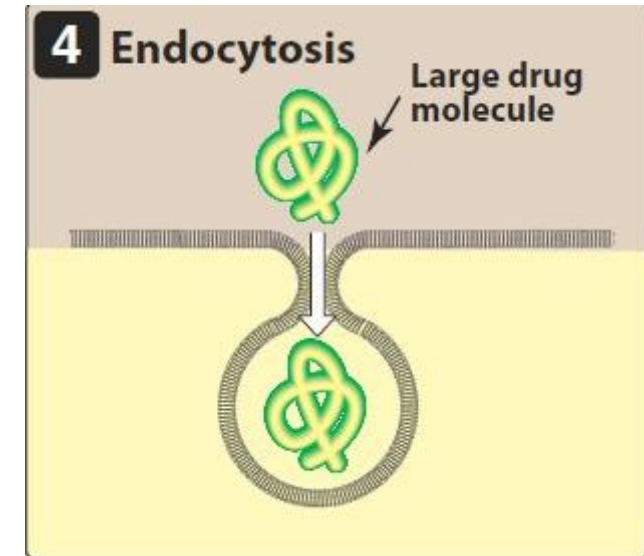
3. Active Transport:

- The drug movement may be **against** the concentration gradient by drug carrier or transporter.
- **Energy** is required



4. Endocytosis

- Drugs of high molecular weight, the drug binds to the cell membrane, dips in and enveloped by the cell membrane.



Factors affecting absorption:



- Route of **A**dministration
- **A**bsorbing surface
- Co **A**dministration of food or drugs
- **S**ystemic circulation
- **S**pecific factors



- 1-Water & lipid **s**olubility
- 2- Pharmaceutical **p**reparation
- 3- **I**onization of the drugs

A. Factors related to the patient

1- Route of Administration

I.V. and inhalation > I.M. > S.C. > Oral > Topical

2- Absorbing surface

- **Vascularity:** (Alveoli > S.C. tissue). - **Direct relationship**
- **Surface area:** (Alveoli > Intestine > Stomach) - **Direct relationship**
- **Pathological conditions:** Diarrhea decrease oral absorption

A. Factors related to the patient



3- Systemic *Circulation*

- **Shock** decrease absorption; oral and subcutaneous routes are not suitable.

4- *Specific factors*

- Intrinsic factor is essential for vitamin B12 absorption.

5- Co **A**dministration of other drugs & food

- ▮ S.C. adrenaline (added to local anesthetics)  V.C. absorption of local anesthetics
 longer duration of action of local anesthetics.
- ▮ Ca^{+2} (e.g. in milk) ▼ oral absorption of tetracyclines (antibiotics).

B. Factors related to the drug

1. Water and lipid **solubility**

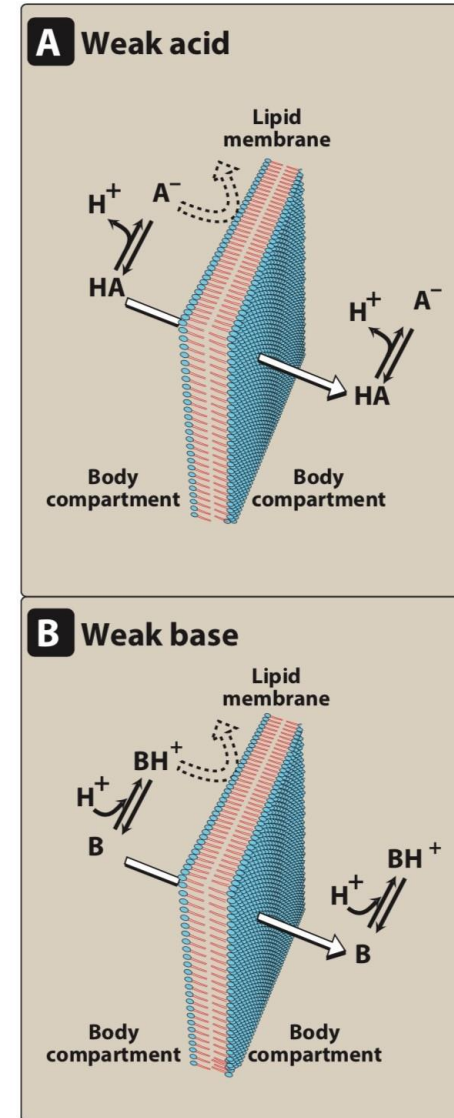
- ▶ **Completely water-insoluble compounds** are not absorbed (e.g. barium chloride).
- ▶ **increase lipid solubility** lead to increase absorption (lipid/water partition coefficient).

2. Pharmaceutical **preparation**

- **Dosage form:** Solution > Suspension > tablet.
- **Shape, size of particles and rate** of dissolution of tablets.
- **Excepiant (filler)** containing Ca^{+2} decreases oral absorption of tetracyclines.

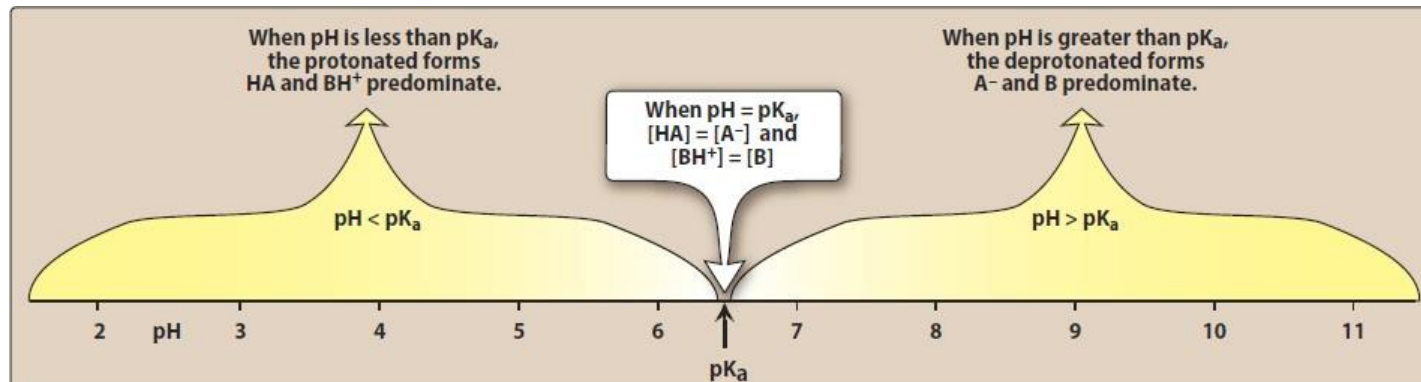
3- Ionization of the drug:

- Most drugs are **weak acids** or **weak bases** that are present in solution as both the **ionized** and **non-ionized** form
- Protonated form of **ACIDIC** drugs are non-charged (unionized): $HA \rightleftharpoons H^+ + A^-$
- Protonated form of **BASIC** drugs are charged (ionized): $BH^+ \rightleftharpoons B + H^+$
- For a weak acid**, the uncharged, protonated HA can permeate through membranes and A^- cannot
- For a weak base**, the uncharged form B penetrates through membranes, but the protonated BH^+ does not
- Non-ionized molecules are usually lipid soluble and can diffuse across cell membranes but ionized molecules are usually unable to penetrate the lipid membrane because of their low lipid solubility.
- The ratio of ionized to unionized species depends on the pH of the environment, and the **strength of the weak acid or base which represented by pKa of the drug**
- When pKa = pH (50% ionized: 50% unionized)**



3- Ionization of the drug:

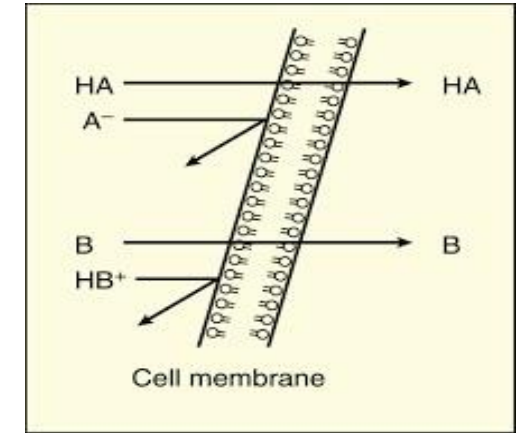
- Ionization decreases lipid solubility and absorption of drugs.
- Non-ionized (uncharged) → better absorption.
- Depends on pKa of the drug and pH of the medium
- Quaternary ammonium compounds → Ionized poor absorption.
- **Streptomycin** has high pKa → always ionized not absorbed orally.



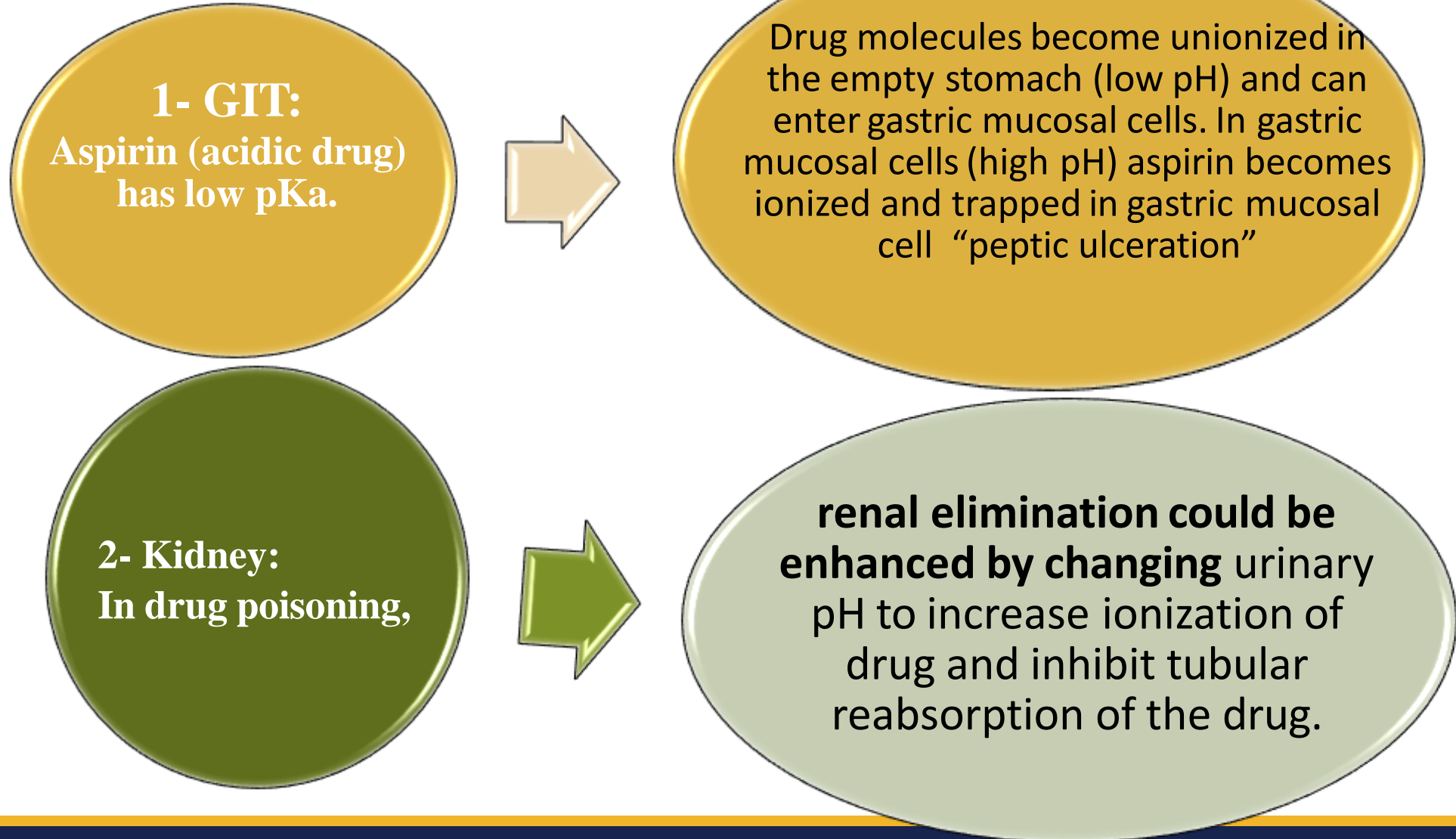
The effect of pH on drug absorption

When drugs bind hydrogen,

- weak **acids** become **unionized** ($A^- + HA$)
- while weak **base** are **ionized** ($B + BH^+$)
- **At low pH** weak acids become unionized while the weak bases become ionized.
- **At high pH** weak base drugs become unionized while weak acids become ionized.
- Accordingly, weak acid are more absorbed in acidic media while weak bases are more absorbed in alkaline media.
- **The pH at which the concentrations of the ionized and unionized forms of the drug are equal is termed pKa**
- Each drug has its own pKa.



Clinical importance of pKa



- **Alkalinization** of urine by sodium bicarbonate (to increase urine pH above drug pKa) is useful in acidic drug poisoning e.g. Aspirin and phenobarbital.

- **Acidification** of urine by ascorbic acid (to decrease urine pH below drug pKa) is used in basic drug poisoning e.g. amphetamine.

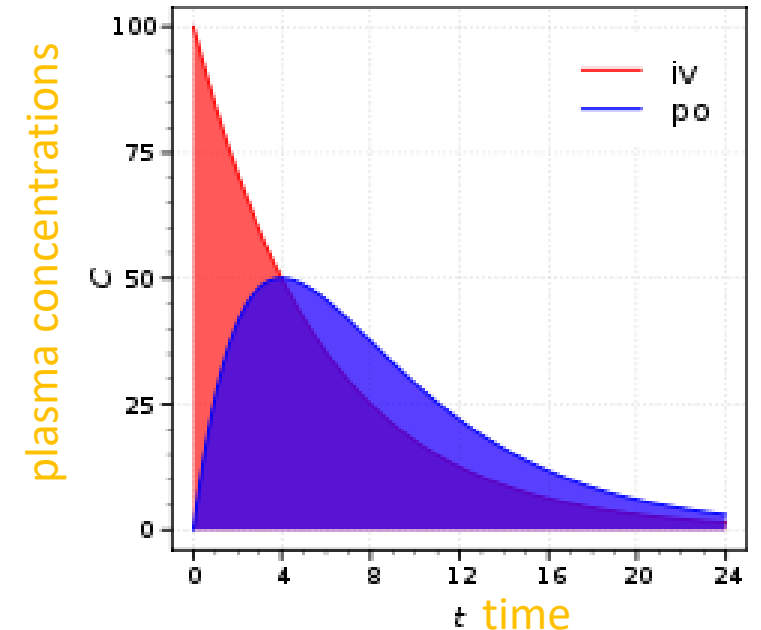
Bioavailability

- It is the **percentage** of drug that reaches the **systemic circulation** and becomes available for **biological effect**.

★ **Determination of bioavailability:** Bioavailability is determined by comparing plasma levels of a drug after a particular route of administration (for example, **oral** administration) with levels achieved by IV administration of the same dose.

★ If 100mg are given orally, and only 70mg are absorbed unchanged, the bioavailability would be 70%.

$$\text{Bioavailability} = \frac{\text{Area under the curve (AUC) after oral route}}{\text{Area under the curve (AUC) after IV. route}} \times 100$$

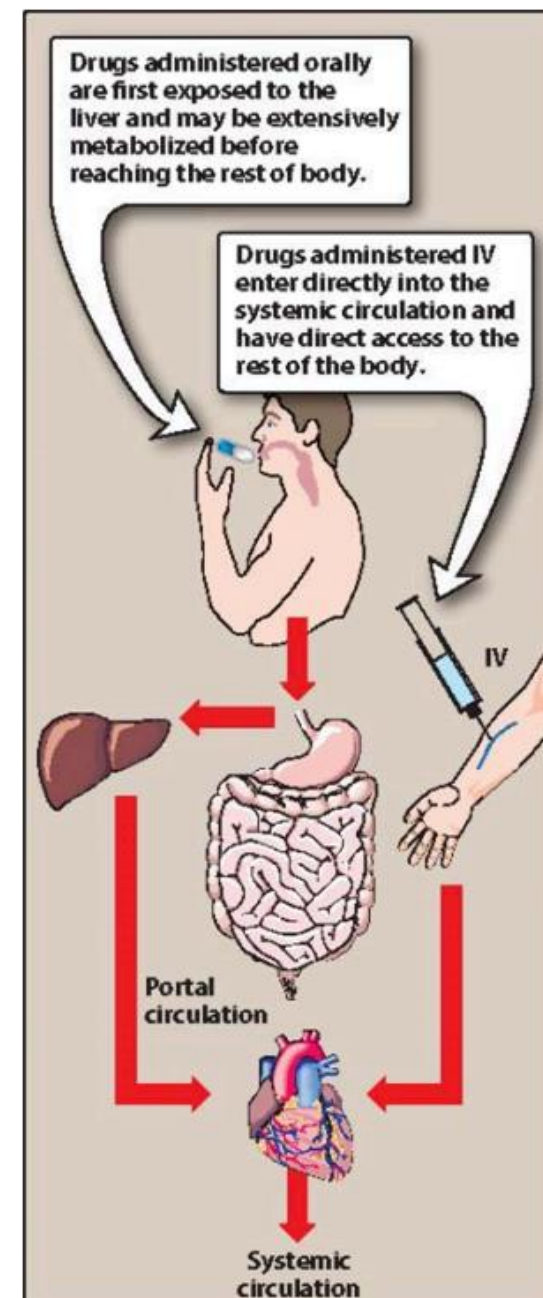


Factors affecting bioavailability:

1 The extent of drug absorption.

1 1st pass effect (1st pass metabolism):

- It is the metabolism of some drugs in a single passage through gut wall, liver or lungs before reaching systemic circulation
- 1st pass metabolism (**Mainly in Liver**)



A. Hepatic 1st Pass Effect :

- Nitroglycerin and propranolol pass from GIT to liver where they are extensively metabolized in their 1st pass through liver before reaching systemic circulation.

B. Intestinal 1st pass effect:

- Estrogens are extensively metabolized in their 1st pass through intestinal wall.

C. Pulmonary metabolism:

- After inhalation, nicotine is partially metabolized in the lung.